

Greetings north coast and all ships at sea

On February 4 we will witness the 47th annual Trinidad to Clam Beach Run and walk. We on the north coast are fortunate to have this community event it is one of the oldest races in the county. The Trinidad to clam beach run and walk is one more event in our beautiful north coast which takes advantage of our areas natural beauty, low road traffic and mild weather.

The Trinidad to Clam Beach Run began as an off-season training race for the Humboldt State Cross County team. Why else would a race cross a river in late January or early February? The history also explains the odd distance of 8 3/4 miles, The course is one of the most beautiful in the country, beginning on Patrick's Point Drive in the redwoods then overlooking oceanfront bluffs on Scenic Drive, crossing the Little River and finishing on Clam Beach. This Run or Walk is an excellent way to spend out door time running or walking on your own, with a group, or as a family out to have some quality time together, while getting physically active to stay healthy.

The Trinidad to clam beach run and walk on February 4th also helps our economy by bringing a number of participants from out of the area. The course has three distances 8 3/4 mile Run & walk or you can enjoy shorter distance in the 5 3/4 mile or 3 mile run and walk. Local runners and walkers are joined by those from Redding, the Bay area, Southern California, Oregon, Washington, Idaho, and other states. Numerous runners have been enjoying the Run for 20 to 30 years.

The Trinidad to Clam Beach Run on February 4th is hosted by the Greater Trinidad Chamber of Commerce. Profits from the Run support the Chamber scholarship fund. The Chamber awards scholarships annually to qualifying high school seniors and vocational grants.

So join the Trinidad to clam beach run and walk by registering online at www.trinidadctoclambeach.com (repeat) or register at Trinidad town hall Thursday February 2 between 5-7pm (repeat) or the Red lion hotel in Eureka on Friday February 3rd 4-6pm (repeat) or on race Morning Saturday February 4th at Trinidad town hall 9 till 11am (repeat).

Please remember, We are blessed by all mighty god to be living in this wonderful country of ours, and those of us living on the north coast are doubly blessed. This is Haider Ajina with a community comment.